

# Ready to Achieve Plan

(Previously Named the 2022-2023 Covid-19 Policy)

As we have learned, Covid-19 rules and regulations can change rapidly. Therefore, Beekman Charter School continues to work closely with the Louisiana Department of Health and the Louisiana Department of Education for guidance with Covid-19 related exposures and illnesses.

**Employees** that experience symptoms of Covid-19, and/or test positive for Covid-19 must contact Personnel as soon as possible for instructions. **Students** that experience symptoms of Covid-19, and/or test positive for Covid-19 must contact the Beekman Charter School Nurse as soon as possible for instructions.

## Close Contact/Quarantine:

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The CDC and Louisiana Department of Health (LDH) have recently updated guidance in a way that no longer mandates quarantine for individuals that have had close contact with infected persons.

However, when an individual has been exposed to a person infected with Covid-19, they should wear a well-fitting mask around others for ten (10) days from their last exposure, regardless of vaccination status or history of prior infection. Respirators are also acceptable as face coverings during the ten (10) day period.

It is also recommended that individuals that have been in close contact with a person infected with Covid-19, to get tested at least five (5) full days after their last exposure, even if they don't develop symptoms.

## Symptoms of Covid-19:

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Possible symptoms of Covid-19 are: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea.

All persons exhibiting symptoms of Covid-19 should be tested for Covid-19, regardless of vaccination status. If a rapid antigen test reads negative, the LDH recommends the symptomatic person seek confirmatory PCR testing. If confirmatory testing is negative, they may return to campus as long as they are fever free for at least twenty-four (24) hours without the use of fever-reducing medication.

If any of the above mentioned tests are positive, the individual must follow the isolation procedures that follow.

## Positive for Covid-19/Isolation:

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Anyone that tests positive for Covid-19, should complete at-home isolation, regardless of vaccination status. This rule should be followed regardless of whether an antigen or PCR test was conducted.

At-home isolation means that the infected person should stay home for at least five (5) days and isolate from others within the home as much as possible.

If symptoms are present, day zero (0) of isolation is the day that symptoms began. Day one (1) is the first full day after symptoms began. You may end isolation after day five (5) if you are fever free twenty-four (24) hours without the use of fever reducing medication and if symptoms are improving. When ending isolation, a mask should be worn through day ten (10). If you have two sequential negative antigen tests 48 hours apart, you may remove your mask sooner than day ten (10). If Covid-19 symptoms recur or worsen, restart isolation at day zero (0) and talk to a healthcare provider if you have questions about your symptoms or when to end isolation.

If NO symptoms are present, day zero (0) of isolation is the day that the test was done (not the day results were received). If symptoms develop within ten (10) days of being tested, the clock restarts at day zero (0) on the day of symptom onset. You may end isolation after day five (5).