



# **BCS Athletic Handbook**

# BCS ATHLETIC HANDBOOK

## SPORTSMANSHIP PHILOSOPHY

Beekman Charter School recognizes that participation in extracurricular activities is a privilege. Participants conduct, in and out of school, shall not reflect negatively on our school or create a disruptive influence on the discipline, good order, moral or educational environment in the school. Student athletes are to be good sports and positive role models on or off the playing field. The following are core beliefs of BCS athletics:

1. Participation is for those who potentially have the skills, attitudes, and willingness to work hard to improve their respective sports.
2. Success is not measured by the win/loss record.
3. The coaching staff, athletes, administration, parents, and fans should always act in a manner that would enhance the positive image of the school and community.
4. Athletes should be encouraged to participate in more than one sport throughout the year.
5. Playing time in scheduled contests has to be earned. Work ethic, ability, academic standing, and behavior are vital factors.
6. The needs of the team must come before the needs of the individual.
7. Athletic participation is intended to benefit all athletes by teaching fundamentals, strategies, and behavior that will enable our teams and athletes to be successful.

## **ATHLETIC RULES AND REGULATIONS**

The rules and regulations found in this athletic handbook, BCS student handbook and all rules of the Louisiana Athletic Association apply to all athletic competitions for all boys and girls at BCS. All contents within this athletic handbook, with the exception of the noted Jr. High School differences, apply to both high school and jr. high school student athletes. The following applies to the BCS athletic policy:

- Jr. High school violations will not carry over to the high school.
- All suspensions are to start with the next regularly scheduled contest following the violation.
- A suspension not fulfilled during a particular season will carry over to the next sport if the student is a two sport athlete. However, the Athletic Committee may rule the suspension completed at end of season.
- While serving an athletic suspension, practices are mandatory unless excused by the coach.
- If a team drops below the required number of athletes it takes to compete in that sport, new members may be added to the team.

A student new to BCS may try out for a sport.

## **TRAINING RULES**

**1. Alcohol, tobacco, vape, e-cigarettes and drugs (including misuse of prescription drugs or over the counter drug/ chemical: Any athlete who is found in possession of using, distributing, selling, or enabling others to use such drugs.**

**A. First offense: Follow school policy.**

**B. Second offense: Athlete will be suspended for 3 games.**

**C. Third offense: Permanent suspension from interscholastic athletics for the remainder of the year, unless committee meeting to suspend student for the rest of their athletic high school career.**

**2. Student athletes are responsible for information contained in written or electronic transmissions (e.g. e-mail) and any information posted on a public domain (e.g. internet, online chat rooms, Facebook, YouTube, Instagram). Inappropriate or embarrassing information or pictures should not be posted in any public domain. Student-athletes are not precluded from participation in such online social network sites; however, student – athletes should be reminded that they serve as representatives of BCS. Any individual that is identified on a social networking site which depicts illegal or inappropriate behavior will be considered a violation of the athletic training rules and will be subject to athletic discipline and/or suspension.**

**3. Cleanliness and Appearance: As the appearance of athletes representing a school can bring credit or discredit to the school all BCS athletes are encouraged to maintain personal cleanliness and to take pride in personal grooming and wearing apparel.**

**4. Coaches reserve the right to discipline and/or suspend athletes for inappropriate actions or behaviors that the coach feels are necessary to maintain proper team order and unity.**

**5. Athletic training rules are in effect the entire calendar year.**

**6. There is a statute of limitations of six months on all training rules violations. If school officials discover a training rules violation more than six months after the date of the incident, it will no longer be considered a violation.**

#### **SUSPENSIONS OF ATHLETES FROM SCHOOL THROUGH THE PRINCIPAL'S OFFICE**

**1. Athletes are not allowed to practice during their OUT of school suspension.**

**2. If an athlete is in IN SCHOOL suspension/ IN SCHOOL detention the day of an athletic contest, the athlete will not be allowed to participate in the contest.**

4. Any practice missed for skipping school will be an unexcused absence.

## **PRACTICE SESSIONS**

1. First Practice Day: Will be aligned directly with LSHAA rules and dates.

2. First Day: An athlete must come out on the first day of organized practice for that sport. If an athlete is allowed to participate after the first day of practice, he must make up all regular practice days missed before participating in a regularly scheduled game or contest. Exceptions to this rule are students who transfer after the beginning of practice sessions. All other exceptions must be cleared through the athletic director.

3. Attendance: **An athlete must attend school 50% of the school day in order to practice or participate in a game unless approved by the principal.** An athlete that misses school with illness will not be allowed to dress for practice or a game unless they return to school with a doctor, dentist, or court slip. Other unavoidable excuses should be cleared through the principal.

4. Quitting a Sport: Any athlete quitting a sport following the first scheduled game shall not be allowed to participate in that sport for the remainder of that season or participate in any other sport that is being played during that season.

## **ATHLETIC PRACTICE ATTENDANCE POLICY**

1. All athletes will attend every practice.

2. If an athlete is in school and cannot attend a practice after school, he/she must report to his coach to get excused from practice before the practice begins.

3. Missing Practice without prior permission

a. First offense- Coaches punishment

b. Second offense: Extra running along with sitting a quarter of the game or equivalent.

c. Third offense- Extra running along with sitting out ½ the game or equivalent.

- d. Fourth offense- Extra running and sitting out entire game.
- e. Fifth offense- suspended from team for remainder of the year

#### **DISMISSAL FOR MISCONDUCT**

If an athlete is dismissed from a team, he/she must appear before the Athletic Board of Appeals before participating on any athletic team.

#### **ATHLETIC APPEALS PROCESS**

1. If an athlete is suspended or quits a team he/she is entitled to a hearing before the athletic board of appeals if he/she desires. The following procedure will be followed:

- a. Athlete must give written notice to the athletic director within three (3) school days of the problem; if they wish to be reinstated to the sport he/she was dismissed.
- b. Written notice of the meeting and charges against the athlete shall be supplied to the student and his/her parent or guardian.
- c. Parent or guardian may be present at the hearing.
- d. The student shall be given an opportunity to give his/her version of the facts and their implications. They should be allowed to offer testimony of other witnesses and other evidence.
- e. The student shall be allowed to observe all evidence offered against them and be allowed to question any witnesses.
- f. The hearing shall be conducted by the athletic appeals board who shall make its determination solely upon the evidence presented at the hearing.

2. Athletic Appeals Board: Composed of the athletic director, principal, asst. principal, dean of students, and the head varsity coaches in each of the following sports: football, basketball (boys and girls), track (boys and girls), baseball, and softball.

## **Duties:**

**(1) Discuss and rule on disciplinary problems as they relate to high school athletics.**

**(2) A majority vote of the appeals board would constitute a decision.**

**(3) If a coach is a member of the appeals board he/she will not be allowed to vote if they are directly involved in the problem.**

## **ATHLETIC PHYSICALS**

**Each athlete, male or female, must have a physical once a school year before practicing or participating in sports. It is the responsibility of the student-athlete and/or the parent/guardian to have the physical completed by the first practice date.**

## **ELIGIBILITY HIGH SCHOOL**

**Must fulfill requirements of the LHSAA for eligibility**

**a. 1st semester eligibility: Must have passed 6 subjects from the previous year AND have a "C" Average.**

**2nd semester eligibility: Must pass 6 subjects.**

## **BUS TRANSPORTATION**

**The Athletic Department will not accept the responsibility when students are driving to/from games. No coach has the authority to allow the students to drive to/from athletic events, but in special circumstances, the Principal can authorize students to drive to/from events as long as no school transportation (bussing, van, etc.) is provided. Athletes must ride to the contest and back home on the transportation provided. If parents want to take an athlete home, the**

coach must give the parent permission to do so. Written permission must be granted ahead of time by the parent or guardian and signed by the principal for an athlete to be signed out by another parent.

Parents are required to pick up athletes at the appropriate place within 30 minutes of the specified time.

### **EQUIPMENT**

All athletes are responsible for all equipment issued to them. All lost, stolen or damaged items will be paid for by the athlete. All awards will be withheld until equipment is turned in or paid for. Athletes will not be allowed to try out for the next sport until fines are paid.

### **INJURY AND INSURANCE**

1. Only injuries incurred while participating in BCS athletics will be covered.
2. Insurance claims: The school carries athletic insurance that is designed to pay any bills the parent's insurance does not cover. In order to file a claim:
  - a. An accident report must be filled out by the coach and given to the parent.
  - b. It is the responsibility of the parents and the students to make insurance claims. The school is not responsible for paying of medical bills. The insurance is offered as a service, but no claims bill will be paid unless proper procedures are followed. All claims should be filed in a reasonable time.

### **HIGH SCHOOL ATHLETIC AWARDS**

1. No award will be given to player who drops from the squad or is dismissed for disciplinary reasons.
2. In case of injury the coach and athletic director should determine the award to be received.



## **PAY TO PARTICIPATE**

**BCS requires each sport to conduct at least two fundraisers. Athletes are expected to participate in the fundraiser. Some sports require participation fees. BCS expects the athlete, not the parents, to be responsible for participation fees. An athlete will not compete in an event until his or her money is paid.**

## **BCS ATHLETE PROCEDURES FOR DUAL SPORTS PARTICIPATION**

- **If two sports overlap the athlete can't leave the current sport to attend other one. The athlete may participate in drills, etc. if the head coach of the in season sport agrees.**
- **Example: A basketball player can't leave basketball for baseball until the basketball season is completed entirely. He may hit in cages if the head basketball coach allows.**

**If two sports coincide, the two head coaches must agree to share practice times and events. If the two head coaches can't come to agreement the matter will be presented to the Athletic committee for ruling.**

## **BCS ATHLETE SIGNING LETTER OF INTENT**

**Any student intending to be recognized for signing a letter of intent with a college program must give prior notification to the AD/Head Coach.**

**A representative from the college must contact Ad/Head Coach.**

**\*\*\* By joining a BCS athletic team, I am required to follow all rules and procedures that are in the BCS Athletic Handbook.**

